

### **LEARNING TO EMPOWER AND GUIDE FUTURE CLIENTS**







KAREN S. is a dedicated Intergenerational Trauma Coordinator at the Dryden Native Friendship Centre. She was looking for an opportunity to enhance her professional skills and empower her clients. Juggling a demanding full-time role with the pursuit of higher education, Karen demonstrated remarkable determination and resilience.

Hailing from the vibrant community of North, Karen enrolled in the **Certified Professional Life Coach** course offered through **Confederation College**. Her decision to upskill was driven by a genuine desire to expand her toolkit and provide even more comprehensive support to the individuals she serves. The opportunity to pursue the course fully funded, together with the promise of sufficient support, made it an irresistible path forward.

Balancing the rigors of her job with the demands of coursework was a bit challenging for Karen. However, with strategic time management and a self-guided learning approach, she successfully navigated this obstacle. The flexibility of the online format allowed her to harness her existing familiarity with digital platforms, making the learning experience both efficient and enjoyable.



"ed2go services provide opportunities to increase your skillset to add to your toolbox to be successful in your chosen career path."



# \$68,000 ANNUAL SALARY

average for Life Coaches, Career Counselors and Advisors

Source: BLS/Glassdoor

#### **CHALLENGE**

Balancing a full-time role with coursework was demanding, but effective time management and the course's flexibility helped Karen overcome this challenge.

#### **SOLUTION**

Online, self-guided ed2go course:

 Certified Professional Life Coach (Exam Included)

## **RESULTS**

Karen learned how to enhance her support for clients. The new skills and confidence gained from the program are invaluable, and she is now better equipped to guide clients toward achieving their goals and fostering positive change.

